



FREQUENTLY ASKED QUESTIONS *following* KNEE SURGERY (Meniscus)



How long will I have to use crutches?

- Meniscectomy: no crutches
- Meniscal repair: 4 weeks

When will I start physical therapy and for how long will I attend?

Meniscectomy: you will start the week of your surgery with minimum of 6 weeks

When is my first follow-up appointment, and how often will I need to see the doctor?

Your first visit will be 10 to 14 days after your surgery. Dr. Ugwonalu will let you know how often he will need to see you for a check-up.

When can I drive?

- Meniscectomy: when you feel comfortable doing so and when you are no longer taking narcotic pain pills.
- Meniscal repair, right knee: when you have regained full use of your knee and are no longer taking narcotic pain pills.
- Meniscal repair, left knee: as soon as you are no longer taking narcotic pain pills.

When can I play sports again?

You will not be allowed to play full contact sports again for at least 3 months after your surgery.



PEACHTREE ORTHOPEDICS